



EKW NEWSLETTER

AUGUST 2006

Message from Chief Instructor

Thanks to all the students and instructors who attended the 2006 EKW Summer Course. With attendance being the highest for a number of years and with the quality of karate most impressive at all levels, the course was as enjoyable for me as I hope it was to you all. Thanks also to Kyoshi John Ditchburn for visiting and presenting the awards on the Friday.

Congratulations to all successful Dan Grade examinees and to the competition and "outstanding student" winners from Friday.

The only official EKW event remaining on the 2006 calendar is the Winter Course at Carlisle in November. I hope to see you all there if not before.

An email will be distributed sometime during the next few weeks announcing the dates for Sunday Morning Dan Grade training.

Regards,

Renshi Dave Swalwell

2006 EKW Winter Course – The Trinity Centre (part of the Trinity School), Strand Road, Carlisle (Saturday 18th and Sunday 19th November 2006)

The Trinity Centre, Strand Road, Carlisle (NOTE THIS CHANGE OF VENUE)
Directions are attached to the information leaflet and competition entry form.

The Winter Course will follow the same format as previous years (kata training and kata competition on Saturday and gumite training and kumite competition on Sunday).

Training and competition times: Saturday 18th November: 10am to 3pm
Sunday 19th November: 10am to 3pm

Cost: Training only: Training – Seniors £8.00 per day, Juniors £5.00 per day

Winter Course Competition

Advance Entries Only. No entries will be allowed on the day. Entry Forms are attached and must be returned to Sensei Martin Quinn at the address on the form no later than 9th November 2006.

Seniors - £4.00 per entry (if entering kata and kumite, the entry fee therefore is £8.00)

Juniors - £3.00 per entry (if entering kata and kumite, the entry fee therefore is £6.00)

2006 EKW Summer Course

The course covered all aspects of the wado syllabus including rolling and break falling, Ju-jitsu locks and throws, knife defences.

Thursday afternoon was the Dan Grading examinations. Congratulations go to the following, successful in their examinations:

1st Dan

Gillian Guthrie, Derek Armstrong, Alan Wharton, Craig Hurst, Laura Bottomley, Michael Martin

3rd Dan Martin Clerk

Congratulations also go to Garrie Hutchinson a Wado 3rd Dan who recently joined the EKW. Renshi Swalwell formally recognised Garrie's grade at the end of the course awarding Garrie his EKW 3rd Dan.

Competition Results

Kumite

Junior category 1: 2nd place Keeley Holliday, 1st place Damon Berry
Junior category 2: 2nd place Victoria Thomas, 1st place Tatyana Boynton
Junior Brown and Black category 1: 2nd place Rachel Thomas, 1st place Jodie Flynn
Junior Brown and Black category 2: 2nd place Alan Wharton, 1st place Michael Martin
Senior White and Green: 2nd place Toby Hall, 1st place Alan Brown
Senior Brown and Black: 2nd place Geoff Wharton, 1st place Martin Clerk

Kata

White: 2nd place Sophie Green, 1st place Michelle Raine
Green: 2nd place Damon Berry, 1st place Alan Brown
Brown: 2nd place Jodie Flynn, 1st place Craig Hurst
Black: 2nd place Richard Green, 1st place Martin Clerk

Outstanding Student

Junior White: Sophie Green, Senior White: Michelle Raine
Junior Green: Damon Berry, Senior Green: Tony Holliday
Junior Brown: Jodie Flynn, Senior Brown: Gillian Guthrie
Junior Dan Grade: Richard Green
Senior Dan Grade: Martin Clerk

Thanks go to Kyoshi John Ditchburn 6th Dan for visiting the course on the Friday and presenting the awards and for sharing a few memories of EKW Summer Courses from the "early days" with the course participants. Kyoshi Ditchburn was accompanied as always by Sensei Bill Slater.

Socially, the course included a visit to the water park and beach baseball in the afternoons and ten pin bowling and a restaurant trip in the evenings.

Future EKW Events

The Dan Grades of Hartlepool Karate Club are planning a further technical course. Full details will follow.

Renshi Swalwell is planning a course for Dan Grades (and possibly brown belts) covering the Wado Tanto-doris (knife defences). Full details to follow but likely to be January 2007.

Sunday morning Dan Grade Training (open to all currently practicing Dan Grades and 1st Kyus training towards 1st Dan). Dates will be circulated shortly. A nominal cost will apply to cover the cost of room hire. The venue is the Thornaby Pavilion, Teesside. Times: 10am to 12pm.

Dates and venues for the 2007 March Dan Grading Course and Examinations, the April AGM, the Summer Course and the above ad-hoc courses will be provided at the Winter Course (if not before).

Future Newsletters

Should you have any news or features that you would like including in future newsletters, please email Bob Dawson at home@dawson2000.wanadoo.co.uk.

EKW Website www.ekw.org

Every club has a link to their own web page. Please contact Steve Lewer via the website if you would like any features, photographs or information adding to your web page.

If any club already have their own website without a link to it from the EKW website, again, please contact Steve Lewer.