



# EKW NEWSLETTER

## OCTOBER 2008

**EKW Website** [www.ekw.org](http://www.ekw.org)

### **Message from Chief Instructor**

The 33<sup>rd</sup> annual EKW Summer Course was again a huge success. Thanks to all the students who attended and the instructors who assisted me with the teaching and organisation of the course, to Kyoshi Ditchburn for attending on the Thursday and sharing stories of summer courses and karate events from years gone by and congratulations to those successful in the Dan gradings and competitions.

Standards and effort continue to be high, I strongly believe this is a reflection of the quality instruction being delivered by the instructors on a weekly basis at the local clubs.

The calendar for the remainder of 2008 and in to 2009 is starting to take shape and with no official EKW events on until the Winter Course, I look forward to seeing you all there, or possibly before on a Sunday morning Dan Grade training session (dates to follow by email shortly) or other Wado event as may be detailed in the calendar below.

Regards,

Renshi Dave Swalwell

### **2008 EKW Summer Course**

The course was varied as always and covered the complete EKW wadoryu syllabus for Dan Grades and introduced white and green belts to the brown belt syllabus and brown belts through most of the syllabus to Second Dan.

In addition, there was as usual, brake falls and rolling, ju-jitsu locks, throws and take downs and more time was dedicated this year to the tanto-dori (knife defence) gumites.

### **Competition Results**

#### White/Green Belt Kata

1<sup>st</sup> Place: James Brown

2<sup>nd</sup> Place: Laura-Beth Landress

#### Brown/Black Belt Kata

1<sup>st</sup> Place: Martin Clerk

2<sup>nd</sup> Place: Craig Hurst

#### Outstanding Kyu Grade

John Green

#### Outstanding Dan Grade

Michaela Jeffery

#### Dan Grade Examination Successes

1<sup>st</sup> Dan: Sean Robinson

1<sup>st</sup> Dan: John Duggan

#### Dan Grade Promotions

4<sup>th</sup> Dan: Cath Moss

4<sup>th</sup> Dan: Bob Dawson

The Bill Slater Allegiance Trophy was awarded to Sensei Paul Keen of Teesside Wadoryu.

## **Future “Wado” and EKW events**

### WIKF Dr Tatsuo Suzuki 8<sup>th</sup> Dan Hanshi – Leaders Course

- Dates: 18th (13.00 – 17.30) and 19th (10.00 – 14.30) October 2008 (4<sup>th</sup> Dan and above)
- Venue: Lewis Sports & Leisure/Harris CTC College, Maberley Road, London, SE19 2JH
- Price: £90.00

### EKW Winter Course

- Dates: Saturday 15th and Sunday 16th November 2008
- Venue: St Aidan’s (Richard Rose) Sports Complex, Victoria Place, Carlisle, CA1 1LY (01228 633391).
- Times: 10am to 3pm (both days)

The course will take the normal format of training 10am to 1pm and competition 1pm to 3pm (kata on Saturday and kumite on Sunday). An information pack and competition entry form is attached (no entries on the day. All competition entries must be received by Sensei Martin Quinn no later than 5 days before the event).

### Tanto-Dori Course

- Likely to be in January 2009, full details and venue to follow

### WIKF Winter course

- Dates: Feb 20<sup>th</sup> (18.00 to 21.00), 21<sup>st</sup> (10.00 to 13.00) and 22<sup>nd</sup> (10.00 to 13.00)
- Venue: Lewis Sports & Leisure/Harris CTC College, Maberley Road, London, SE19 2JH

### EKW Dan Grading

- March 2009, full details to follow

### EKW AGM and Training Course

- April 2009, full details to follow

### Dan Grade Technical Spring Weekend

- Consideration is being given to a long weekend’s technical training course for Instructors and Dan Grades, possible in Europe. Will senior grades please let Renshi Swalwell know of any dates (likely to include a Friday and Monday) that should be avoided for Spring 2009.

### Sunday Morning Dan Grade Training

- Dates will follow shortly by email.
- Open to all Dan Grades and 1<sup>st</sup> Kyus training towards 1<sup>st</sup> Dan (subject to prior agreement between club instructor and Renshi Swalwell).

## **EKW Post and pre-paid envelopes**

Will you please remind all you students that when posting to the EKW, size as well as weight will determine the cost of postage. If insufficient postage is paid, the Post Office charge an additional fee plus an admin fee for delivery of the post. This also applies to instructors submitting grading forms etc.

In relation to licence applications and renewals, please ensure that pre-paid envelopes are large enough to enclose a licence (and that the stamps then match the envelope size).

## **Future Newsletters**

Should you have any news or features that you would like including in future newsletters, please email Bob Dawson at [home@dawson2000.wanadoo.co.uk](mailto:home@dawson2000.wanadoo.co.uk).