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Message from Chief Instructor

Happy New Year to those of you I have not yet seen.

Dates for Sunday Morning Dan Grade training will shortly be circulated and I would urge all Dan Grades (and 1st kyu brown belts training towards 1st Dan) to attend, which will set the scene for what is poised to be a very exciting year for the EKW.

The 2009 calendar will include all the usual events plus additional

technical courses, such as a tanto-dori course. I will be investing additional time in the development of the EKW instructors with additional instructor specific training courses which will in turn benefit all EKW members through instruction at the clubs.

Congratulations to all those who won trophies at the EKW Winter Course in November and thanks to Sensei Dave Horsley (6th Dan) for helping with the

competition presentations. Thanks also to Senseis Martin Quinn, Paul Brady and Steve Devlin for their assistance with the instruction on the course. It was also very pleasing to see, in addition to Sensei Horsley, senseis John Stephenson and Gary Quinn training on the course.

Regards,

Renshi Dave Swalwell.

EKW Winter Course 2008

As usual, Saturday's training focused on kata, in preparation for the kata competition and Sunday's training on gumite work ahead of the kumite competition.

The outstanding student trophy for the weekend was awarded to Jim Smith.

Winter Course competition results

Kata – white and green belts

1st Place: James Brown

2nd Place: Sean Kerr

Kata – Brown and black belts

1st Place: Martin Clerk

2nd Place: Michael Martin

Kumite – Junior

1st Place: Michaela Jeffery

2nd Place: James Brown

Kumite – Senior

1st Place: Martin Clerk

2nd Place: Alan Brown

EKW Events for 2009



The founder of Wado-Ryu Karate-Do, Sensei Hironori Otsuka (1892 to 1982)

Sunday 8th March EKW Dan Grading – training and examinations.

Venue: Richard Rose Academy/St Aidans Carlisle

Times: 10am to 12pm training, 12.30pm to 2pm Dan Gradings

Training Fee: £5:00

Examination Fee: £5:00 (plus registration fee if successful)

Please note that training is open to 3rd kyu and above only

Sunday 5th April EKW AGM and Training

Venue: Northfield Sports Centre, Billingham

Times: 10am to 12pm training, 12.30 to 2pm meeting

Training Fee: Free to all current EKW licence holders

The training is open to all grades and all ages

Saturday 11th and Sunday 12th April EKW Instructors Course.

Full details to follow shortly

Sunday 19th to Friday 24th July EKW Summer Course

Venue: Scarborough Sports Centre, Filey Road, Scarborough

Times: Sunday, 10am to 12pm (meeting at 12:30pm)

Monday to Friday, 8am to 2pm

Training Fee: Adults (16 years plus) £60 (£50 with early booking discount)

Juniors £50 (£40 with early booking discount)

Full information packs and early booking forms are attached with this newsletter, are available from all club instructors or can be downloaded from the EKW website – www.ekw.org

November 2009 EKW Winter Course.

Full details will follow. The course will be conducted over a weekend and is likely to be held in Yorkshire

Other “Wado” diary dates

Friday 20th February to Sunday 22nd February WIKF Winter Course

Dr Tatsuo Suzuki PhD, 8th Dan Hanshi

Venue: Lewis Sports & Leisure/Harris CTC College, Maberley Road, London, SE19 2JH

Times: Friday, 6pm to 9pm

Saturday and Sunday, 10am to 1pm

